

I call forth my Higher Self, the One True Source Creator God, all who assist me on my journey, and the Universe to hear my decree and prayer...
In all time, spaces, places, timelines, dimensions, densities, realities, and perceptions across all lifetimes, universes, and cultures planes of existence and thought, NOW and forever...

I close all access, portals, gateways, jump points, wormholes, doorways, and entrances/exits in my energy and auric field, home, environment, and surrounding energy spaces opened without my consent or created during dream-time, astral time, or space time – time space.

I unhook my consciousness from all other fields of consciousness that are not of my own, cause me harm directly or indirectly, or do not benefit my growth in positive ways. causing stress, illness and disease in my body, my cells, muscles, blood, bones and DNA.
I remove all blame and feelings of not being good enough.

I delete all programs of victim energy.
I delete all programs of self-criticism energies.
I delete all judgment programs including judgment of others and myself.

I unhook from all preconceived ideas that I am unworthy or don't deserve to be loved or experience full abundance.
I cut all cords with and release the energies of jealousy and competition with myself and others.
I remove all hate and anger stuck in my body, my cells, muscles, blood, bones and DNA.

I delete all programs that say I must experience grief, pain and suffering to advance as a human and spiritual being.

I remove all frustration.
I remove all need to control.

I cut cords with all those that want to control me or that I have sought to control.
I sever all contracts, vows, bindings, and cords created in Spirit either consciously or unconsciously that allowed any form of manipulation on or of my being, energies, or consciousness through all time, spaces, places, timelines, dimensions, densities, realities, and perceptions across all lifetimes, universes, and planes of existence and thought, NOW and forever.

I remove spite and revenge energies.
I delete all programs of not feeling good enough or seeking to be better than any other.

I hereby now and forevermore delete, unhook from, and cut out all remaining implants, devices, entities, false imposters, false Gods and Goddesses, false Gurus and false Ascended Beings, false Angelics, false interdimensional and multidimensional beings and ETs, inserts, attachments, cords, hooks, ties, vows, pacts, contracts, agreements, promises made, ALL and everything that binds me to the old ways of control and manipulation, or any other way that doesn't serve my highest good and is keeping me from stepping into my full sovereign power, causing me harm in any way, creating obstacles, and preventing me from experiencing my best life.

I delete all programming creating feelings of separation from Self, my fellow human brothers and sisters, my Divine Guidance Team, my Higher Self, my Soul, my Oversoul, my Avatar, my Rishi, my Inner Being, My Divine Birthright to experience eternal Love, and from the One True God Source.
I remove all remaining resistance to change.

I remove all suppression and oppression.
I remove all arrogance.

I am unhooked from my negative and false ego self that feels separate causing feelings of loneliness and apathy.
I remove all blocks, barriers and chains within my body, subtle bodies, and all energy bodies, energy lines and meridians and energy centers that prevent me from moving forward into my best abundant life now.

I remove all that blocks me from loving myself and others more deeply.
I remove all that blocks me from accepting and receiving Divine Love with welcoming open arms into my life with Gratitude.

I delete all outdated programs and thought-patterns, all belief systems, templates, blueprints and behavioral patterns that keep me in perpetual loops of suffering and keep me experiencing old Timelines, beliefs, and Experiences that no longer serve me on my true path as a Sovereign Divine Being.

I overwrite and override all lesser DNA blueprinting, all lesser codes and keys within everyone of my cells, mitochondria, molecules, atoms, atomic and subatomic particles and waves and all the spaces in between, known and unknown, across all time, spaces, places, timelines, dimensions, densities, realities, and perceptions across all lifetimes, universes, and planes of existence and thought, NOW and forever.

I unhook and sever cords with everyone and everything that is not in alignment and harmony with my highest good, is not serving a positive purpose for learning and growth, and does not reflect my Original Divine Soul Blueprint and Templates now, and I trust that my Guides will assist me with a gentle transition as they exit my life.

I now allow all mentors and higher guidance that is aligned with positive consciousness of Unity, Love, Divinity, and of the purest vibrations of the Universe to come into my life for my highest good and the highest good of all.

I remove all feelings of hopelessness, anxiety, despair, depression, low self worth and heaviness.
I remove all self denial, all delusions, all illusions, all false hopes.
I remove all programming keeping me from using my special and unique gifts to serve humanity and Mother Earth for the highest good of all.
I remove all blocks around my heart and mind keeping them from working together in harmony for my highest good.
I remove all lower densities, all distortions, all mind control, all and everything trying to keep me down and hold me back causing me harm, pain, and trapped in loops of experiences and Karma sufferings of all types.

I am removing all interferences and distortions.
I am removing all and everything that is standing in my way from becoming the happiest, joyful, peaceful and positive version of myself now.
I am removing all lower thought forms trying to discourage me, criticize me, and hold me back in any way.
I remove all that is not love, not compassion, not understanding, not forgiveness, not Unity with the Spark of Source that I AM.

I remove all feelings of doubt, disbelief and confusion creating feelings of separation from my Higher Self and Inner Being.

I remove every thought, program, feeling and belief that I am not good or strong enough to make it through this life AS I AM

I remove all feelings, thoughts, and programs making me believe I am not worthy of a happy, peaceful, fulfilled, joyful, healthy, balanced, abundant and love filled life.

I remove all programming telling me I must sacrifice parts of myself before I can 'have it all'.

I remove all worries, all tension, all anxiety.

I unhook from my old Self that was at war with itself and send it Love and Compassion as I move into the New Self that accepts wisdom and Love from the Universe with trust.

I repair all holes and seal up all leaks in my auric field and energy bodies NOW.

I NOW remember who I AM and welcome all purified and cleansed Soul fragments, pieces, parts, and aspects of myself and my unique energy that are ready to come Home back to me.

I call forth my Soul, my Higher Self, my Source Spark, to be with me in every moment of my day.

I AM WHOLE.

I NOW integrate ALL OF ME and receive all necessary codes, keys, activations and healing that is needed and ready for me to receive at this time with grace and ease.

I am now installing new programs of Unity, Trust, Joy, Harmony, Peace, Authenticity, Sovereignty, Eternal Love, Great Compassion, Self-Love, Healing, Acceptance, and Divine Oneness where they are needed as directed by my Higher Self in my mind, my body, my cells, muscles, blood, bones, DNA, templates, and blueprints.

I make space for my True Self to emerge as the embodied Bodhisattva Christ Eternal Love Being that I AM.

I give myself the grace and ease to integrate all these necessary changes and activations with unconditional Love and Acceptance, and through my healing may all Sentient Beings be blessed as well.

I have arrived as the true authentic me that I AM at home in my HEART.

Pure Source Love.

DIVINE LOVE.

I AM SOURCE!

I AM SOVEREIGN!

I AM FREE NOW!

I accept and love myself unconditionally and make peace with my mind and ego Self. I lovingly accept all parts of me. I surrender to Love, understanding, inner-standing, and the pure joy of all that I AM.

I NOW shield and seal my aura, psyche, all bodies, home, environment, and all of my energies from harmful and or meddling interferences by all outside energies throughout all time, spaces, places, timelines, dimensions, densities, realities, and perceptions across all lifetimes, universes, and planes of existence and thought, NOW and forever.

I call forth all my Divine gifts and powers that are ready to be activated within me NOW for the highest good of all.

I FULLY ALLOW only that which is of my highest good to co-create my best possible timeline, reality and lifetime with me, which I am Living NOW.

For as long as I am a sentient being, may my merits, healing and growth benefit ALL sentient beings.

FOR AS I COMMAND IT, SO IT IS! IT IS DONE

Declaration of Full Sovereignty of My I Am Presence in This Embodiment:

I call on my higher self to merge with me, guide me, and assist me in declaring, embodying, and enacting 100 percent sovereignty of my being in this and every now moment, in alignment with my I Am Presence and in accordance with my chosen purpose, goals, and intentions for this lifetime.

I call upon the elemental, angelic, ascended, cosmic, and ancestral realms to witness my declaration, to assist in upholding the integrity of its intention, and to co-create with me in manifesting my highest potentials personally, in unity with the one, and in service to the Earth as we graduate to the next level of our evolution.

In declaring my full sovereignty and with the guidance of my higher self and I am presence, I assert autonomy over my physical and nonphysical embodiment, my energetic vibration, and all resulting emanations. I disallow any interference to distort or delay the fulfillment of my purpose in this lifetime—whether that interference be well-meaning, misguided, self-interested, or malevolent.

This includes any and all overt and covert intentions, attempts, and actions to limit, separate, distract, manipulate, dis-empower, traumatize, dominate, control, or harvest any aspect or increment of my energy and consciousness.

I reject and eject any such interference, demanding that it cease and desist immediately and retroactively, including any trickery designed to countermand, usurp, or sidestep the intention of this declaration.

In making this declaration, I acknowledge and accept full responsibility for my being and actions. I continue to fervently request overt guidance and assistance from my higher self and I am presence, which I in no way consider to be interference. I commit to both hearing and enacting that guidance, and in turn to listening to and guiding the elemental consciousness that contributes to my personal collective consciousness this lifetime.

To the extent that I may be unable or unwilling to hear and enact the guidance of my higher self or I am presence, I request that the guidance continue to be given in various ways such that I can understand and act on it and until I am able to understand and act on it.

In full sovereignty, I also request and accept additional energetic assistance of my guides; my soul, star, human, and ancestral families; the elemental, angelic, ascended, and cosmic realms, and any other sources, provided that it accords with this declaration and is in my highest good; the highest good of Earth; and in accordance with my purpose, goals, and intentions for this lifetime.

I choose to heal all fear, trauma, and limitation standing in the way of my fulfilling my highest potential and purpose in this lifetime. I ask that my higher self and I am presence, in co-creation with the elemental, angelic, ascended, cosmic, and ancestral realms, assist me in healing, transmuting, and transcending all fear, limitation, separation, and amnesia preventing me from embodying my full, integrated sacred masculine and sacred feminine power, love, and wisdom. I ask that my higher self and I am presence direct my healing such that I embody and offer the optimal vibration in any circumstance; that I manifest optimal health and wholeness in and through my physical, emotional, mental, and etheric bodies; that I fluidly evolve according to my path and purpose; that I awaken to and regain all the memories and gifts held in my causal body; that I function with energy, clarity, balance, effectiveness, and efficiency in the changing energetics of Earth; that I integrate the healing, its lessons, and its energy in the most beneficial way possible; and that all this unfolds at the most conducive yet expeditious pace possible.

I intend that in healing myself in this now moment, I heal other aspects of myself across time and space, as well as splintered aspects of other consciousness trapped in time who, through the domino effect, will attain the freedom to return to where they belong, to heal, and to contribute to the unity we seek to co-create in order to graduate from this plane and take our next evolutionary steps. I offer healing, compassion, and forgiveness wherever it is needed or wanted to free all aspects of life consciousness, including my own, to allow all to return to its natural order in wholeness and unity

And so it is.

-[My Name]